



Your Mental Health
& Relationship
Well-being Partner

MANOSPANDANA'S

Exciting Psychology Internship Opportunity in Bangalore

<https://manospandana.in>

Queries Call +91 990198633





Manospandana



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About Manospandana

About

At Manospandana, we believe in nurturing mental health and relationship well-being through a personalized, and growth-oriented approach.

Our psychology internship in Bangalore offers aspiring counsellors and therapists immersive, hands-on experience with a primary focus on counselling and psychotherapy, distinct from clinical, pathology-oriented practices.



What's Covered in Internship

| Area of Focus | Covered in Internship | Not Covered in Internship |
|------------------------------------|---|---|
| Counselling and Psychotherapy | Practical skills in counselling, relationship dynamics, and family systems | Clinical pathology and diagnosis-focused training |
| Therapeutic Approaches | Cognitive Behavior Therapy (CBT), Choice Theory-Based Reality Therapy (CTBRT), Transactional Analysis (TA), Mindfulness | Pharmacotherapy, medical interventions, and advanced psychiatric treatments |
| Client Interactions | Active listening, empathetic communication, mindful interventions, and session management | Crisis interventions for severe psychiatric conditions, involuntary commitments |
| Case Management and Documentation | Case conceptualization, progress tracking, confidentiality protocols | Medical charting, insurance coding and billing |
| Ethics and Professional Boundaries | Counseling ethics, maintaining boundaries, confidentiality best practices | Legal proceedings, forensic psychology, legal advocacy |
| Focus on Well-Being | Holistic methods for self-awareness, resilience, and healthy relationships | Symptom-based clinical diagnostics and pathology |
| Practical Exposure | Hands-on experience with real-world, supervised cases in a supportive environment | Independent, unsupervised case handling, prescribing treatments |
| Skill Development | Developing skills in communication, intervention planning, and therapeutic techniques | Advanced medical or psychiatric training |
| Assesment | Self-taking psychometric assessments with psychologists' validation for therapeutic framework | Clinical diagnosis and certification purposes |



Key Benefits



Hands-On Experience

Practical, client-centered training to develop confidence in your skills.



Enhanced Knowledge

Deepen your understanding of mental health and therapeutic practices.



Career Guidance

Personalized mentoring sessions to guide your career in psychology.



Completion Certification

Receive an internship completion certificate, boosting your career credentials

Psychology Internship Requirements



Currently enrolled in a psychology or related field of study.



Passionate about counselling with a commitment to learning & willingness to learn.



Time Commitment of minimum 60 hours is required.



If from a college/university, a letter from the authorized representative is required.

Internship Pricing

| No of Person | Piricing |
|------------------|-----------------|
| 1 Person | Rs. 90 per hour |
| 2 People | Rs. 82 per hour |
| 3 People or More | Rs. 75 per hour |



Note:

💡 A minimum commitment of 60 hours is required, If you are opting for the 1-Month Internship, the minimum requirement is 100 hours, and you may choose to complete up to 150 hours within the month.

📅 The full amount payable upfront to secure your spot. You may also extend your hours beyond the initial commitment as needed, at the same hourly rate (excluding tax).

Regarding the Case Observation:

- Opportunities to observe live sessions (when permitted)
- May participate in client interactions under supervision
- Learn through case discussions, role plays, and training
- Limitations due to client confidentiality and ethical rules may apply
- Alternate learning tools: case studies, simulations, reflective exercises



Refund Policy:

- ❌ Fees are non-refundable after enrollment
- ✅ Refunds only in extreme cases (e.g., medical emergency) with documentation
- ⌚ Refunds (if approved) processed via original payment method
- 📖 Read full policy before applying – transparent and strict



Certificate & Outcome

At the End of Your Internship:

- 🏆 Certificate of Completion
- 📖 Practical exposure to real-world counselling
- 🚀 Boost your confidence, skills & clarity on your career path

Apply Today

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